**Intrinsic Spagyric Botanicals**

**Spleen & Lymph Drainage - Blood Cleanser**

The Intrinsic Spagyric Botanicals are handmade remedies manufactured in accordance with the proven laws and time-honoured processes of Spagyrysm, laid down hundreds of years ago. It takes 60-90 days to make the concentrated tincture which has been decanted into a 60mL cobalt blue bottle (protects the remedy). Labelling and bottling are performed without electricity. All raw materials are bio-dynamically grown or wildcrafted, and draw from the finest ancient and modern traditions of herbal medicine from the West, Ayurvedic India, South American Amazon, and Traditional Chinese Botanicals. The name of the (ethno) Intrinsic formulas represents the keynote focal remedy ingredients to which the other ingredients constellate, differentiate and amplify.

**Traditional Keynotes:**
- Lymph and Spleen Drainage
- Liver / Gallbladder Detoxifier
- Blood purification
- Arthritis
- May Inhibit Tumor Growth

**Complementary Remedies:**
- Gen Intrinsic
- Spleen Chi
- Scrofulara Intrinsic
- Mycelia Intrinsic
- Hydrangea Intrinsic
- GB Milieu
- Liver Milieu
- GALT Fortifier
- Flora Syntropy
- Cilantro Intrinsic
- MetaChlor
- Wild Bear Garlic
- ReHydrate
- Drainage Milieu
- SpectraLyte

**Dosage:**
One full dropper 2x daily in warm water, or as directed by a Health Care Practitioner

**Ingredients:**
- Sheep Sorrel (aerial parts) Rumex Acetosella
- Chinese Rhubarb (root) Rheum Palmatum
- European Mistletoe (aerial parts) Viscum Album
- Slippery Elm (bark) Ulmus Rubra
- Burdock (root) Arctium Lappa

**Traditionally, Burdock has been used as a “blood purifier” to clear the bloodstream of toxins:** as a diuretic, helping rid the body of excess water by increasing urine output; and as a topical remedy for skin problems such as eczema, acne, and psoriasis. In Traditional Chinese Medicine, as well as other healing arts’ practices in India and Europe, burdock is often used to treat respiratory disorders, abscesses, joint pain, urinary problems and to overcome serious health challenges by stimulating cellular regeneration, detoxification and cleansing.

**Up to 75% of burdock root is made up of complex carbohydrates known as fructo-oligo-saccharides (FOS), including 27-45% inulin.** Based on clinical studies, intake of FOS significantly increases beneficial bifidobacteria within the gastrointestinal tract and eliminates bacterial pathogens. This ultimately modulates the immune system and effectively suppresses abnormal cell growth.

The spleen and lymphatic system are under a constant mêlée against invading pathogens. Their smooth operation therefore is of critical importance to maintain the health and integrity of the human organism.

The lymphatic system has three interrelated functions in the body:
1. The removal of interstitial fluid from tissues
2. The absorption and transport of fatty acids and fats, as chyle, to the circulatory system
3. The transport of antigen presenting cells (APCs), such as dendritic cells, to the lymph nodes, where an immune response is stimulated.

The spleen also plays a central role in immune function by controlling the destruction of redundant red blood cells and in keeping the reticuloendothelial system (RES), consisting mainly of phagocytic immune cells, functioning correctly. Impairment of the RES leads to a predisposition to certain infections and a compromised immune system. Rene Cassie certainly understood this foundational principle and premise as evidenced via her Essiac formula.

**Burdock Intrinsic’s exceptional combination of Spagyric botanicals**, including burdock, sheep sorrel, slippery elm, Chinese rhubarb and mistletoe, support the spleen and lymphatic system in their fight against invading pathogens.

Modern research has isolated chemical constituents within these Spagyric herbs that have proven to be anti-bacterial and anti-fungal and most importantly, tumor-protective and desmutagenic. Desmutagens are defined as substances that inactivate mutagens (cancer-causing agents) by reacting with them and “taking them out of action.” Mutagens include pesticides and natural chemicals from plants and compounds that are created from foods (such as meats) by cooking. These compounds are now abundant in our food, water and air; many of them are already stored in our fat tissues.

In addition to immune supportive effects, the synergistic blend of supportive botanicals amplify the effects of burdock’s potent deep cleansing and detoxifying action on the liver and gallbladder, aid nutrient absorption and bile production. Congestion and toxicity in the liver and gallbladder affect the health of the entire system. By cleansing and strengthening these vital organs of detoxification the entire body is strengthened.

**Burdock Intrinsic’s distinctive combination of herbs** lend it to being an all encompassing remedy for blood purification, liver and gallbladder detoxification and lymph and spleen drainage capacities.
Burdock Intrinsic

Traditional Phytotherapeutics

**Burdock (Lappa Major)** - Burdock is eaten as a root vegetable in many Asian countries and parts of Europe. Its medicinal properties come from using the root which is taken internally as a treatment for staph infections, impetigo or obtinate ulceration of the skin or mucous membranes. Often combined with dandelion or yellow dock, burdock root is an effective blood purifier used to treat psoriasis, eczema, oily skin, acne, boils, and gout. It is used in many combination herbs to aid in liver/gallbladder detoxification. Research shows that burdock will help to restore friendly bacteria in the system after antibiotic use and has tumor inhibiting qualities.

**Chinese/Indian Rhubarb (Rheum Palmatum)** – Varieties of rhubarb have a long history as medicinal plants in traditional Chinese medicine, but the use of rhubarb as food is a relatively recent innovation. It was first recorded in 17th century England after affordable sugar became available to common people, and reaching a peak between the 20th century's two world wars. The roots have been used as an aggressive laxative for over 5,000 years. This specific variety of rhubarb acts as a simple and safe purgative, being regarded as one of the most valuable remedies we possess, effecting a brisk, healthy purge without clogging the bowels or producing constipation. Its malic acid elements carries oxygen to all parts of the body. Oxygen deprived cells become either cancerous or die. Other medicinal qualities include being a highly effective astringent, tonic, stomachic and aperient.

**European Mistletoe (Viscum Album)** - Viscum is the scientific generic name for mistletoe, which belongs to the family Viscaceae in the sandalwood order. It is a hemi-parasitic shrub, which grows on the stems of other trees. Mistletoe has been used for centuries in traditional medicine to treat seizures, headaches, and other conditions. It has also been noted to common use for uses as a nerve tonic and narcotic. The use of mistletoe to treat cancer has been studied in Europe in more than 30 clinical trials. Laboratory studies have found that mistletoe may kill cancer cells and stimulate the immune system.

**Sheep Sorrel (Rumex Acetosella)** - Rumex acetosella is a species of sorrel bearing the common names sheep sorrel, red sorrel, sour weed and field sorrel. The plant is native to Eurasia but has been introduced to most of the rest of the northern hemisphere. In North America it is a common weed in fields, grasslands and woodlands. There are several uses of sheep sorrel in the preparation of food including a garnish, a tart flavouring agent and a curdling agent for cheese. The leaves have a lemony, tangy or nicely tart flavour. Sheep Sorrel contains constituents including tartaric acid, beta carotene, anthraquinones, oxalates and Glycoside (Hyperoside, querctin-3-d-galactoside). It has purported uses including inflammation, diarrhoea, scurvy, fever and treatment for cancer. Dr. Ralph Moss points out that sheep sorrel contains aloe emodin, a natural substance that shows significant anti-leukemic activity. Uses over the centuries included people infusing sheep sorrel as a diuretic. Other historical uses include that of a vermifuge, as the plant allegedly contains compounds toxic to intestinal parasites (worms).

**Slippery Elm (Ulms Rubra)** – The Slippery Elm is a species of elm native to eastern North America. Slippery Elm is a valuable tree that has many traditional uses. Slippery elm inner bark is very rich in mucilage, a complex mixture of polysaccharides that form a soothing gelatinous fiber when water is added. The pleasant tasting high fibre ‘gruel’ or porridge made by adding water to the bark was traditionally used as both a food and a medicine by First Nations peoples, and later by European colonists. The mucilage was traditionally used internally for soothing sore throats and tonsillitis, coughs, dryness of the lungs and digestive upsets, and externally for healing wounds and other skin inflammations. The bark is particularly recommended for soothing gastric diseases. The viscous fiber has several beneficial effects on digestion: 1) it reduces bowel transit time; 2) it absorbs toxins from the bowel; 3) it increases fecal bulk and dilutes stool materials thereby reducing stool contact with the intestinal mucosa; and 4) it enhances beneficial bacteria in the gut and provides an excellent substrate for bacterial fermentation. Eliminating estrogenic anaerobes from the gut can significantly help the body to regain critical hormone balances that are required for basic health. The bark has noted anti-inflammatory activity and because the mucilage resists hydrolysis and digestion by stomach acids and enzymes, it therefore maintains its soothing action throughout the entire digestive system. Slippery elm bark mucilage also helps to moisten the throat, nasal passages and lungs.

**Additional Ingredients:**
Deminerlized water, 20% ethanol