



An integral ingredient in the Restoring Cellular Communication Programme™

CataZyme-7

100% Organic & Wildcrafted Gastric Enzymes
Formulated with Dr. Patricia Fitzgerald, featured in "The Detox Solution"
180 Veggie Capsules



Matrix Nutritional Series

Digestive Enzyme Support

Traditional Keynotes:

- Most Digestive Disturbances
- Bloating
- Allergies
- Heartburn
- Constipation
- Flatulence
- Diarrhea
- Ileo Cecal Valve
- Low Energy / Fatigue
- Weight Issues
- High Chlorophyll Content
- Inflammation

Complementary Remedies:

CataZyme-7 should be considered as a foundational component of any healing strategy

Additional Notes:

Lightly contraindicated with ulcers

Dosage:

1-2 capsules with meals, or as directed by a Health Care Practitioner

Matrix Nutritionals Series was designed as an eclectic offering for the Physica Energetics line of remedies primarily to assist in the "reactivation of the mesenchyme" (Dr. Reinhold Voll), via the nutritional complement pathways. These pathways are present in every system throughout the body and require balanced attention. In keeping with the principles of BioEnergetic Medicine, the remedies nourish and support these systems without punishing them with overstimulation or imbalancing factors, which, ultimately, is counterproductive. This approach has been carefully and respectfully designed to provide the necessary natural (organic where available), synergistic factors in proper energetic and biochemical ratios, to ensure assistance towards yielding a deep and lasting result. They are not to be confused with replacement therapy nutraceuticals that may seem to help for the moment, until the patient stops taking them or the condition is driven deeper. These remedies honour The Legacy of BioEnergetic Medicine, and are known by both patient and practitioner to be exceptionally effective.

"Experts believe that the number one cause of internal toxicity is undigested food resulting from an enzyme-depleted diet."

Dr. Patricia Fitzgerald, *The Detox Solution*

In order for an organism to thrive, it must be able to efficiently digest and absorb nutrients and effectively excrete waste products.

Historically, enzymes required for digestion were obtained from whole, unprocessed and uncooked food. Today however, nutrient poor soil, genetic engineering, processing, pesticide use and chemical fertilizers provide us with food lacking in both enzymes and nutrients.

An enzyme-depleted diet requires a greater input of pancreatic enzymes for digestion. Continually relying on endogenous enzymes for the digestive process can put strain on the pancreas and other vital organs.

Impaired digestion due to insufficient enzymatic input leads to the putrefaction of undigested food particles and promotes the growth of undesirable microorganisms in the intestinal tract. Toxic by-products formed during this process can make their way into the bloodstream creating autointoxication.

Undigested proteins that enter the bloodstream trigger the formation of immune complexes and lead to an autoimmune response. Allergies, asthma, arthritis,

fibromyalgia and other inflammatory diseases can all result from leaky gut patterns, which began from poor digestion caused by insufficient levels of pancreatic enzymes.

It is estimated that between 60% to 80% of our energy goes towards digestion. Energy requirements increase with stress, physical injury, illness, pregnancy, environmental changes, etc., causing a depletion of the body's supply of enzymes, including those required for digestion. Digestive enzyme stores also diminish with age.

Enzymatic supplementation is vital for maintaining optimal health and preventing internal toxicity.

CataZyme-7 is the ultimate digestive enzyme supplement. All of the prominent enzymes required for adequate digestion and assimilation of nutrients are included in this exceptionally well balanced formula.

Alpha-galactosidase provides effective digestion of beans and legumes, acting as a form of "organic beano".

Organic and/or wildcrafted herbs provide nourishment and support to the entire digestive system as it carries out its critical role of nutrient handling and elimination of metabolic waste.

Correcting faulty digestion is a critical step in the restoration of health and wellbeing. CataZyme-7 should be considered a foundational component to every healing strategy.

Ingredients: (Vegetable Enzymes)

Alpha-Galactosidase
Amylase
Cellulase
Invertase
Lactase
Lipase
Magnesium citrate

Maltase
Protease

In an organic biodynamic or wildcrafted herbal base containing:

Anise
Barley grass
Fennel

Gentian
Ginger
Marshmallow
Papaya

CataZyme-7

Synergistically Formulated Ingredients

Alpha-Galactosidase - Assists in the breakdown of beans and cruciferous vegetables.

Amylase – Breaks starch molecules into the simple sugar maltase.

Cellulase – Digests plant fibers.

Invertase – Breaks down sucrose (found in cane and beet sugars) into individual glucose and fructose molecules.

Lactase – Breaks down the milk sugar lactose into simpler sugars.

Lipase – Breaks down fat molecules into glycerol and fatty acids, which are more readily absorbable by the body.

Magnesium citrate - Magnesium is a vital catalyst in enzyme reactions. As magnesium citrate, it attracts water to the colon to stimulate bowel motility.

Maltase – Breaks down the sugar maltose into two glucose molecules.

Protease – Digests dietary proteins into individual amino acids, which serve as building blocks for the body.

In a biodynamic organic or wildcrafted herbal base containing:

Anise – Helpful for indigestion and respiratory ailments.

Barley Grass – A food high in vitamin, minerals, enzymes and phytonutrients. Assist in healing the stomach, duodenal and colon disorders.

Fennel – Relieves abdominal pain, gas, constipation and gastrointestinal tract spasms.

Gentian – Aids digestion, stimulates the production of saliva, stomach acid and digestive juices.

Ginger – An anti-inflammatory root that has been known to nausea, settle the stomach and relieve cramps.

Marshmallow – Aids the body in expelling excess fluid and mucous and soothes mucous membranes.

Papaya – An excellent source of vitamins, minerals and enzymes, including the digestive enzyme papain. Good for heartburn, indigestion and inflammatory bowel disorders.

References:

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- Fuller, DicQie PhD, DSc. 1998. *The Healing Power of Enzymes*. New York, NY: Forbes Inc.
- Jensen, Dr. Bernard. 1999. *Dr. Jensen's Guide to Better Bowel Care*. New York, NY: Penguin Putnam Inc.