



# Myrrh Intrinsic

Concentrated Handcrafted Ethno Botanical Tincture  
60 mL / 2 oz. NPN 80043641

## Patient Reference

### Intrinsic Spagyric Botanicals

### Respiratory Immune Support

**The Intrinsic Spagyric Botanicals** are handmade remedies manufactured in accordance with the proven laws and time-honoured processes of Spagyricism, laid down hundreds of years ago. It takes 60-90 days to make the concentrated tincture which has been decanted into a 60mL cobalt blue bottle (protects the remedy). Labelling and bottling are performed without electricity. All raw materials are bio-dynamically grown or wildcrafted, and draw from the finest ancient and modern traditions of herbal medicine from the West, Ayurvedic India, South American Amazon, and Traditional Chinese Botanicals. The name of the (ethno) Intrinsic formulas represents the keynote focal remedy ingredients to which the other ingredients constellate, differentiate and amplify.

According to Traditional Chinese Medicine (TCM), the Lungs are said to rule Qi. They are the arena that the Qi from outside the body meets the Qi from the inside of the body. TCM refers to the lungs as the "tender organ" in due to their great susceptibility to external influences.

The respiratory mucosa is a single, continuous tissue that runs from just inside the nostrils to the alveolar sacs in the lungs. This mucosa provides the first line of defense against invading microorganisms and particulates that may enter the lungs and cause a breakdown in respiratory function. When the mucosa becomes compromised, colds and flu, sinus infections, asthma and other respiratory disorders may result.

Environmental pollution, microbial or viral infection, poor diet, lack of exercise, weak posture and seasonal changes can all affect the health of the lungs and decrease their ability to perform the vital functions of gas exchange. Many lung and respiratory disorders result in the build-up of mucus and phlegm in the air passages, causing blockage of the airways, inflammation and congestion. As a result, cells of the body are deprived of vital oxygen, which causes a cascade of detrimental effects.

Traditionally, Myrrh was used as a constituent of perfumes and incense and was often valued to be worth more than its weight in gold as portrayed in the well known Biblical story. This resinous botanical has been used for centuries in the treatment of respiratory ailments, as it stimulates the body to discharge mucus, making it effective in the treatment of colds, asthma, tuberculosis, bronchitis, sinusitis and upper and lower respiratory tract disorders.

With the burden placed on our respiratory systems from pollution, work-space environments and xenobiotics, it is vital for

the body as a whole that this primary detoxification pathway is kept clear. Improper and inefficient oxygen transport and compromised carbon dioxide removal always results in cellular damage and pathogenic promotion.

Myrrh is a powerful antiseptic and expectorant, reducing phlegm and congestion in the lungs. It stimulates and tones the mucous membranes, increases mucous secretions and promotes drainage. The volatile oils of this botanical composite, made highly bio-available through the Spagyric process, soothe irritated bronchial passages and promote free breathing during congestive colds by clearing mucus-clogged passages.

The synergistic blend of complementary botanicals amplifies the effects of the main ingredient. Each botanical in this formula was carefully chosen for its ability to expel mucus from the body, soothe inflamed mucosa, fight off bacteria and viruses and assist with symptoms such as cough, wheezing and tight chest.

Myrrh Intrinsic also assists in mobilizing mucus build-up from areas of the body other than the lungs, including the liver, gallbladder, pancreas and intestinal tract.

Myrrh Intrinsic is a specially formulated combination of organic and wildcrafted Spagyric botanicals designed to decongest and support the lungs and respiratory system.

*Clinical Tip: Poor digestion results in the accumulation of mucus throughout the body. Therefore, improving digestion is vital for the effective treatment of respiratory disorders. GALT Fortifier, CataZyme-7, Flora Syntropy and Nat Colon CLR, Sambucus Intrinsic are good examples of supportive remedies for relieving mucus.*

#### Ingredients:

Mullein (leaf) *Verbascum Thapsus*  
Pleuresyl/ Butterfly Weed (root) *Asclepias Tuberosa*  
Myrrh (resin) *Commiphora Molmol*  
Coltsfoot (aerial parts) *Tussilago Farfara*  
Euphorbia/Pill-Bearing Spurge (whole plant) *Chamaesyce Hirta*  
Angelica (root) *Angelica Archangelica*

Plantain (leaf) *Plantago Major*  
Elecampane (root) *Inula Helenium*  
Grindelia (tops) *Grindelia Camporum*  
Horehound (aerial parts) *Marrubium Vulgare*  
Hyssop (aerial parts) *Hyssop Officinalis*  
Fenugreek (seed) *Trigonella Foenum-Graecum*