



Relax Milieu

Concentrated Homeopathic Tincture

2 oz. NPN 80047185

Patient Reference

Drainage Tonifiers

Relaxation Drainage & Tonification

Drainage and Tonification is central to the healing process. It is well understood that until the extra cellular matrix is clarified, there will not be complete cellular resolution. 1) BioToxicosis remedies such Lymph 1, 2, and 3 assist in the clarification of the systemic drainage pathways 2) Spagyric botanicals decongest, drain and detoxify at the physical level and 3) the Milieu Series provide homeopathic drainage at the point of focal interference. Utilizing this combination, the local and systemic ECM drainage pathways are liberated and healing is the natural outcome as obstacles to cure are no longer an issue. *As an added bonus feature, the Milieu Drainage Tonifiers also contain specific flower remedies designed to assist in the drainage and tonification of the emotional terrain.*

Homeopathic drainage is considered to be a functional process, traditionally accomplished using low potentized remedies. Today, the increasing xenobiotic onslaught upon our world requires a more extended approach.

The Milieu Series of remedies was eclectically and thoughtfully crafted to provide a more global understanding of a case picture. The addition of complementary tonification factors assist in preparing the body for deeper, safe detoxification.

Each remedy provides gentle drainage and tonification, without causing the immediate release of cellular toxins, which can create additional complications for BioToxicosis and Homeotoxicological processes.

A blend of low potentized, ascending homeopathic glands and hormones combine elegantly with Spagyric botanicals, polychrests, cell salts and flower essences to complete the case picture and ensure a well measured and proportionate response.

Western-approach clinicians report successful integration of the Milieu drainage and tonification remedies in acute situations related to the organ or causal chain indicated. TCM practitioners find that drainage remedies nourish the blood, chi, yin and yang. Similar results are reported in healing arts' approaches around the world, although with different "poetry", including Ayurveda, South American traditional medicine, etc.

These unique remedies work exceptionally well in opening up conditions that are stuck or potentially cloaked.

More than 30 million people in America experience some form of anxiety each year. Women are twice as likely as men to develop feelings of anxiety or stress, which typically strike in young adulthood. The median age of onset of daily anxiety is 24 years of age, however it is not uncommon for children and adolescents to experience daily feelings of anxiety. Adults too!

Anxiety costs the U.S. billions of dollars in direct and indirect costs each year. One survey found that people experiencing feelings of anxiety make more trips to their health care provider than do members of the general population. This provides excellent job security for the makers of Ativan, Prozac, MAOs, TCAs, Wellbutrin, Efflexor, etc.

Stress is a term widely used in our current fast-paced society. Often, the daily demands placed on us build up and accumulate to a point where it becomes challenging to cope. "Stressors" can include job pressure, family arguments, financial pressures, deadlines, etc. A stressor can be almost anything that creates a disturbance, either physical or emotional. Hyperactive children (and adults!) are a good example of this.

Two effective forms of psychotherapy that are used to treat anxiety are diaphragmatic breathing (behavioural therapy) and cognitive-behavioural therapy. Cognitive-behavioural therapy teaches people to reframe their thinking patterns: *An Attitude of Gratitude, Brings Altitude!* Biofeedback or short-term individual counselling has sometimes proven effective.

An increase in physical exercise also appears helpful. Many people find that daily leisurely walks markedly reduce symptoms of stress and anxiety. Dietary factors are also central to the reduction of anxiety, including reducing sugar, glutens, dairy, other food sensitivities, etc.

Relax Milieu may technically be more of a detoxifier than a drainage and tonification remedy, however since it strategically employs a heavy complement of drainage and tonifying Spagyric botanicals and homeopathics it fits well into this category.

Drainage without tonification will prove ineffective, as cells and organs may well buckle under the strain of detoxification. The patient may feel better initially, however, in the long run, the damage will be apparent often in the form of other conditions.

Ingredients:

Calcarea carbonica 12X
Coffea cruda 12X
Humulus lupulus 1X, 3X

Ignatia amara 12X
Kali phosphoricum 12X, 30C
Moschus 12X
Nux vomica 12X

Passiflora incarnata 1X, 3X
Phosphatidyl choline 6X
Phosphorus 6X
Pulsatilla nigricans 12X

Staphysagria 12X
Valeriana officinalis 1X, 3X
Star of bethlehem 200C