



Mag Citrate™

Healthy Muscle Function*

Form: Tablets

Flavor:

Size: 120 Tablets

Mag Citrate™ is a blend of magnesium citrate and calcium citrate that provides nutritional support for healthy muscle function.* Magnesium is a cofactor in many enzymatic reactions. It also plays a role in bone health.*

Ingredients	Amount Per Serving	% Daily Value
Serving Size	3 Tablets	
Servings Per Container	40	
Total Carbohydrate	<1 g	<1%*
Dietary Fiber	<1 g	3%*
Calcium (as calcium citrate)	60 mg	5%
Magnesium (as magnesium citrate)	300 mg	71%

Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, cellulose, stearic acid (vegetable), and coating (hypromellose, medium-chain triglycerides, and hydroxypropylcellulose).

Directions: Take three tablets once daily or as directed by your healthcare practitioner.

This product is non-GMO, gluten-free, and vegetarian.

Warning: If loose stools occur, stop use and notify your healthcare practitioner.

Caution: Consult your healthcare practitioner if taking other nutritional supplements or medications. Keep out of the reach of children.

Tamper Evident: Do not use if safety seal is missing or broken.

Storage: Keep tightly closed in a cool, dry place.

*Percent Daily Values are based on a 2,000 calorie diet.