



UltraMeal® Daily Support

Nutritious Protein Drink Mix with Powerful Phytonutrients

Form: Powder
Flavor: Mixed Berry
Size: 14 Servings

UltraMeal® Daily Support is a nutritional drink mix featuring a blend of macronutrients (carbohydrates, protein, and fats), phytonutrients, and essential vitamins and minerals. This nutritional drink features:

- 15 g of a pea/rice protein blend
- Phytonutrient blend featuring 12 superfruits, greens, and herbs
- 4 g of prebiotic isomalto-oligosaccharides
- 25 essential vitamins and minerals for comprehensive nutritional support
- 150 mg of magnesium and 11 mg of zinc—two minerals often consumed below recommended levels
- 400 IU of vitamin D
- Satisfying snack or mini-meal

Ingredients	Amount Per Serving	% Daily Value
Serving Size	2 Scoops (40g)	
Servings Per Container	14	
Calories	160	
Total Fat	5 g	6%
Saturated Fat	1 g	5%
<i>Trans</i> Fat	0 g	
Polyunsaturated Fat	1 g	
Monounsaturated Fat	3.5 g	
Cholesterol	0 mg	0%
Sodium	140 mg	6%
Total Carbohydrate	12 g	4%
Dietary Fiber	5 g	18%
Total Sugars	5 g	
Includes 0g Added Sugars	0 g	
Protein	15 g	27%
Vitamin A	10 mcg (400 IU)	50%
Potassium	100 mg	2%
Vitamin E	5 mg	35%
Niacin	7.4 mg	45%
Vitamin B ₁₂	1.5 mcg	100%
Phosphorus	190 mg	15%
Zinc	11.2 mg	100%
Manganese	1.5 mg	70%
Calcium	100 mg	8%
Vitamin A	370 mcg	40%
Thiamin	0.37 mg	30%
Vitamin B ₆	0.5 mg	30%
Biotin	75 mcg	250%
Iodine	37 mcg	25%
Selenium	52 mcg	90%

Chromium	120 mcg	340%
Iron	3 mg	15%
Vitamin C	100 mg	110%
Riboflavin	0.42 mg	30%
Folate	310 mcg DFE	80%
Pantothenic Acid	2.5 mg	50%
Magnesium	150 mg	35%
Copper	1.5 mg	170%
Chloride	130 mg	6%

Ingredients: pea protein isolate, rice protein concentrate, oat hull fiber, sunflower oil, maltodextrin, phytonutrient blend [organic flax (*linum usitatissimum*) seed fiber, organic inulin, organic beet (*beta vulgaris*) root powder, organic flavors, organic carrot (*daucus carota*) root powder, organic cranberry (*vaccinium macrocarpon*) fruit powder, organic raspberry (*rubus idaeus*) whole fruit powder, ascorbic acid, organic acacia gum, organic green tea (*camellia sinensis*) leaf powder extract, organic green bell pepper (*capsicum annuum*) fruit powder, organic spirulina (*arthrospira platensis*) whole plant powder, organic acerola (*malpighia glabra*) fruit dry extract (on manioc starch), organic stevia (*stevia rebaudiana*) leaf extract, organic spinach (*spinacia oleracea*) leaf powder, organic blueberry (*vaccinium* spp.) whole fruit powder, and organic ginger (*zingiber officinale*) root powder], gum acacia, magnesium citrate, malic acid, silica, natural flavors,[†] xanthan gum, hibiscus and black carrot juice (color), zinc gluconate, luo han guo fruit (monk fruit) extract, ascorbic acid, manganese gluconate, d-alpha tocopheryl acetate, copper gluconate, d-biotin, retinyl palmitate, niacinamide, cholecalciferol, calcium d-pantothenate, chromium picolinate, pyridoxine hydrochloride, riboflavin, potassium iodide, thiamin hydrochloride, calcium l-5-methyltetrahydrofolate,^{††} selenomethionine, and methylcobalamin.

Directions: Take one serving one to two times daily. Blend, shake, or briskly stir 2 scoops (40 g) of

UltraMeal Daily Support into 8-10 fluid ounces of chilled water.

NOTICE: DO NOT ENGAGE IN ANY DIET SUPPLYING LESS THAN 800 CALORIES PER DAY WITHOUT MEDICAL SUPERVISION.

This product is non-GMO and gluten-free.

WARNING: Excess vitamin A intake may be toxic, may increase the risk of birth defects, and may contribute to osteoporosis. Women who are pregnant or who may become pregnant should not exceed 10,000 IU of preformed vitamin A (retinyl palmitate) per day unless directed to do so by a healthcare practitioner. Please keep out of reach of children.

Tamper Evident: Do not use if safety seal is missing or broken.

Storage: Keep tightly closed in a cool, dry place.

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

[^]No MSG

[†]As Metafolin. Metafolin® is a registered trademark of Merck KGaA, Darmstadt Germany

WARNING: Consuming this product can expose you to chemicals including lead, which are known to the State of California to cause cancer and birth defects or other reproductive harm. For more information go to www.P65warnings.ca.gov/food