



Serenagen® Traditional Herbal Stress Management Formula*

Form: Tablets

Flavor:

Size: 60 Tablets

Serenagen® is a classic herbal stress management formula based on traditional Chinese medicine.*

Ingredient	Amount Per Serving	% Daily Value
Serving Size	2 Tablets	
Servings Per Container	30	
Total Carbohydrate	<1 g	<1%*
Dietary Fiber	<1 g	2%*

A 4:1 Proprietary Herbal Extract Blend of:

Rehmannia Root (*Rehmannia glutinosa*), Schisandra Fruit (*Schisandra chinensis*), Jujube Fruit (*Ziziphus spinosa*), Dong Quai Root (*Angelica sinensis*), Chinese Asparagus Root (*Asparagus cochinchinensis*), Ophiopogon Root (*Ophiopogon japonicus*), Scrophularia Root (*Scrophularia ningpoensis*), Asian Ginseng Root (*Panax ginseng*), Chinese Salvia Root (*Salvia miltiorrhiza*), Poria Fungus (*Wolfiporia cocos*), Polygala Root (*Polygala tenuifolia*), Platycodon Root (*Platycodon grandiflorum*)

Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, cellulose, stearic acid (vegetable), silica, magnesium stearate (vegetable), and coating (hypromellose, medium-chain triglycerides, and hydroxypropylcellulose).

Directions: Take two tablets daily or as directed by your healthcare practitioner.

This product is non-GMO, gluten-free, and vegetarian.

Warning: Do not use if pregnant or nursing.

Caution: If taking medication consult your healthcare practitioner before use. Keep out of the reach of children.

Storage: Keep tightly closed in a cool, dry place.

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.