# **Abundant Digestion**

## THE SYNERGY OF 10 PROBIOTICS

#### WHY YOU NEED Abundant Digestion

Abundant Digestion is essential for individuals who take antibiotics.

These medications wipe out "good" as well as "bad" bacteria, leading to complications, such as yeast infections, maldigestion, constipation, or diarrhea and nausea. Abundant Digestion effectively rehabilitates the digestive system by restoring the body's healthy, digestive organisms and clearing out toxins in the intestines.\*

As individuals age, digestive malfunctions become more common. Breakdowns in the digestive tract are linked with antibiotic use, unhealthy diet, food allergies, heartburn, gastritis, ulcers, hemorrhoids, flatulence, constipation, and colon cancer risk.\*

**Abundant Digestion** is a probiotic supplement that actually replaces "bad" bugs with **ten bene icial bacteria.** It thereby improves digestion and **wards off dietary toxins**, such as pesticide residues, hormones in foods, and toxic metals like lead or mercury.\*

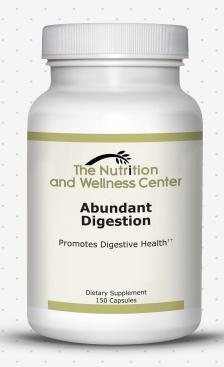
#### POTENT DIGESTIVE AID

The active bacteria in **Abundant Digestion** help break down food more effectively than any other digestive aid available.\*

**Abundant Digestion** is unique for the following reasons:

- Only biocultured strains are used to ensure maximum implantation and function.\*
- 2) Ten strains of probiotics are harvested at their most dynamic, active growth stage and then rapidly freeze dried, which puts the bacteria into suspended animation. This makes Abundant probiotics viable for long periods of time. In contrast, many other probiotic supplements wait for the highest density of bacteria, even though many starve to death in the production vat. Abundant complex process delivers a more potent product.\*
- 3) Inhibits the growth of pathogens such as H. Pylori, E. Coli OH157 (hemolytic E. Coli), Candida albicans, kreusii, tropicalis, Clostridium difficile, Yersinia enterocolitica, and Staphylococcus aureus.\*
- 4) Features a new strain Lactobacillus paracasei UALPC-04, which has tremendous immune boosting properties. It is a powerful anti microbial especially against S. aureus infections.
- 5) Promotes healthy balance and growth of aerobic and anaerobic probiotic organisms.\*
- 6) Promotes better digestion and reduction in maldigestive, irritating, immunoreactive products.\*
- 7) Better digestion means better stomach, intestinal, liver, circulatory, and wound repair functions.\*
- 8) Produces butyrate fuel for intestinal energy and mucosal repair.\*

10 VITAL
BIO-CULTURED STRAINS
PROBIOTIC DIGESTIVE ARMOUR



#### MULTIPLE USES FOR PROBIOTICS

Billions of bacteria - over 400 species - live in the human body. Most of them can be found in the digestive tract. Besides enhancing digestion, probiotics support human health by performing the following functions:

- Manufacturing B vitamins, such as niacin (B-3), pyridoxine (B-6), folic acid, and biotin.\*
- Lowering high cholesterol levels to support cardiovascular health.\*
- Recycling estrogen, a key female hormone, thereby decreasing the risk of menopausal symptoms and osteoporosis.\*
- Supporting the treatment of acne, psoriasis, eczema, allergies, migraines, gout, rheumatic and arthritic ailments, cystitis, candi diasis, colitis, irritable bowel syndrome, and some types of cancer.\*
- 1. Alm L. Acidophilus milk for therapy in gastrointestinal disorders [Article in German] Nahrung 1984;28(6-7):683-4.
- 2. Ewaschuk JB, Dieleman LA. Probiotics and prebiotics in chronic inflammatory bowel diseases. World J Gastroenterol 2006 Oct 7;12(37):5941-50.
- 3. Commane D. Hughes R. Shortt C. Rowland I. The potential mechanisms involved in the anticarcinogenic action of probiotics. Mutat Res 2005 Dec 11;591(1-2): 276-89. Epub 2005 Aug 10.

### ONE ABUNDANT DIGESTION CAPSULE **PROVIDES**

#### **ENERGIZED NUTRIENTS**

Abundant Digestion	
Alive, energized probiotic organisms	5 billion
B. bifidum R0071	500 million
B. breve R0070	200 million
B. longum R0175	600 million
L. acidophilus R0418	1000 million
L. casei R0215	400 million
L. paracasei L26	400 million
L. plantarum R1012	200 million
L. rhamnosus R0011	500 million
Lc. lactis ssp. lactis R1058	1000 million
S. thermophilus R0083	200 million
Maltodextrin	358 mg
Vitamin C (100% l-ascorbate, fully reduced, corn free)	75 mg
Magnesium (as C16 and C18 alkyls†)	1.36 mg
Vegetable capsule	3.4 mg

#### OTHER INGREDIENTS: NONE

†from whole, untreated palm fruit and leaf

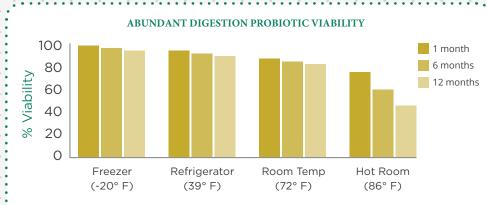
#### WARNING

Pregnant and nursing mothers need to check with their health professional before taking supplements.

#### TYPICAL DOSAGE

As a dietary supplement, take one (1) to six (6) capsules daily or as directed by your health professional. Capsule may be opened and added to fruit smoothies, vegetable juice, or vegetable broth; blended into yogurt or apple sauce; or sprinkled on cereal.

Abundant digestion is available in bottles of 150 capsules.



Note: This means that **Abundant Digestion** remains highly active throughout its shelf life even if stored at room temperature. Refrigeration will prolong shelf life.













#### THE ABUNDANT GUARANTEE

Like every other Abundant product, Abundant Digestion comes with a 100%, unconditional, money-back guarantee - the strongest guarantee in the natural health industry. This unique guarantee provides the assurance that:

- Every Abundant product provides 100% potency and activity for its entire shelf life.
- Every ingredient used in a **Abundant** product is pharmaceutical-grade or better.
- All Abundant products dissolve rapidly (usually within 20 minutes), eliminating digestive irritation often found with other brands.
- Full label disclosure is provided for all **Abundants** products — no hidden ingredients.
- Every Abundant product is activated with the same transporters that are used by nature and in food to ensure full bioavailability. The biologically preferred form of an ingredient is always used for enhanced activity.
- Free of citrus, MSG, wheat/gluten, corn/zein/starch, dairy/casein/ whey/ milk derivatives, yeast, soy, sulfate, phosphates (other than coenzymes), and preservatives.
- No genetically modified organisms (GMOs).
- Unique post-production assays and clinical bioassays assure product integrity.
  YOUR QUALITY ASSURANCE

Every **Abundant** product is produced following or exceeding the FDA's pharmaceutical GMP (Good Manufacturing Practices) regulations.

<sup>\*</sup>These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.