

10 VITAL BIOCULTURED STRAINS
PROBIOTIC DIGESTIVE ARMOR



WHY YOU NEED ABUNDANT DIGESTION

Abundant Digestion is essential for individuals who take antibiotics.

These medications wipe out “good” as well as “bad” bacteria, leading to complications, such as yeast infections, maldigestion, constipation, or diarrhea and nausea. **Abundant Digestion** effectively rehabilitates the digestive system by restoring the body’s healthy, digestive organisms and clearing out toxins in the intestines.*

As individuals age, digestive malfunctions become more common. Breakdowns in the digestive tract are linked with antibiotic use, unhealthy diet, food allergies, heartburn, gastritis, ulcers, hemorrhoids, flatulence, constipation, and colon cancer risk.*

Abundant Digestion is a probiotic supplement that actually replaces “bad” bugs with ten beneficial bacteria. It thereby improves digestion and wards off dietary toxins, such as pesticide residues, hormones in foods, and toxic metals like lead or mercury.*

POTENT DIGESTIVE AID

The active bacteria in **Abundant Digestion** help break down food more effectively than any other digestive aid available.*

Abundant Digestion is unique for the following reasons:

1. Only biocultured strains are used to ensure maximum implantation and function.*

2. Ten strains of probiotics are harvested at their most dynamic, active growth stage and then rapidly freeze dried, which puts the bacteria into suspended animation. This makes **Abundant Digestion** probiotics viable for long periods of time. In contrast, many other probiotic supplements wait for the highest density of bacteria, even though many starve to death in the production vat. Our complex process delivers a more potent product.*
3. Inhibits the growth of pathogens such as H. Pylori, E. Coli OH157 (hemolytic E. Coli), Candida albicans, kreusii, tropicalis, Clostridium difficile, Yersinia enterocolitica, and Staphylococcus aureus.*
4. Features Lactobacillus paracasei, which has tremendous immune boosting properties. It is a powerful antimicrobial especially against S. aureus infections.
5. Promotes healthy balance and growth of aerobic and anaerobic probiotic organisms.*
6. Promotes better digestion and reduction in maldigestive, irritating, immunoreactive products.*
7. Better digestion means better stomach, intestinal, liver, circulatory, and wound repair functions.*
8. Produces butyrate fuel for intestinal energy and mucosal repair.*

MULTIPLE USES FOR PROBIOTICS

Billions of bacteria – over 400 species – live in the human body. Most of them can be found in the digestive tract. Besides enhancing digestion, probiotics support human health by performing the following functions:

- Manufacturing B vitamins, such as niacin (B3), pyridoxine (B6), folic acid, and biotin.*
- Lowering high cholesterol levels to support cardiovascular health.*
- Recycling estrogen, a key female hormone, thereby decreasing the risk of menopausal symptoms and osteoporosis.*
- Supporting the treatment of acne, psoriasis, eczema, allergies, migraines, gout, rheumatic and arthritic ailments, cystitis, candidiasis, colitis, irritable bowel syndrome, and some types of cancer.*

REFERENCES

1. Alm L. Acidophilus milk for therapy in gastrointestinal disorders [Article in German] *Nahrung* 1984;28(6-7):683-4.
2. Ewaschuk JB, Dieleman LA. Probiotics and prebiotics in chronic inflammatory bowel diseases. *World J Gastroenterol* 2006 Oct 7;12(37):5941-50.
3. Commane D, Hughes R, Shortt C, Rowland I. The potential mechanisms involved in the anticarcinogenic action of probiotics. *Mutat Res* 2005 Dec 11;591(1-2): 276-89. Epub 2005 Aug 10.

ONE (1) ABUNDANT DIGESTION CAPSULE PROVIDES

ENERGIZED NUTRIENTS

Vitamin C (100% l-ascorbate, fully reduced, corn free)	2 mg.
Magnesium	3 mg.
Alive, energized probiotic organisms	7.5 billion
B. bifidum	200 million
B. breve	200 million
B. longum	500 million
L. acidophilus	2100 million
L. casei	500 million
L. paracasei	500 million
L. plantarum	500 million
L. rhamnosus	500 million
Lc. lactis	2000 million
S. thermophilus	500 million
Rice Maltodextrin	370 mg
Magnesium (as C16 and C18 alkyls [†])	10 mg
Vegetable capsule	75 mg

[†]from whole, untreated palm fruit and leaf

OTHER INGREDIENTS: NONE

WARNING

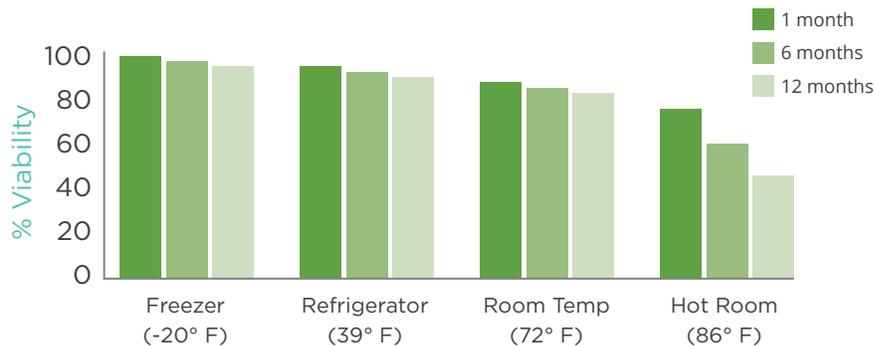
Pregnant and nursing mothers need to check with their health professional before taking supplements.

TYPICAL DOSAGE

As a dietary supplement, take one (1) capsule, one to six times daily or as directed by your health professional. Capsule may be opened and sprinkled on food. NOTE: Color of product varies naturally from white to tan.

Abundant Digestion is available in bottles of 150 capsules.

ABUNDANT DIGESTION PROBIOTIC VIABILITY



Note: This means that **Abundant Digestion** remains highly active throughout its shelf life even if stored at room temperature. Refrigeration will prolong shelf life.


**The Nutrition
and Wellness Center**

3715 Strawberry Plains Road, Suite 5, Williamsburg, VA 23188 • 757-221-7074 • www.tnawc.com

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.